



# STRIDE & MOBYFLEX

Seat Walkers

## USER MANUAL



Congratulations and thank you for choosing this  
Aspire walker.

This user manual contains a description of the product and  
important guidelines to ensure correct and safe use. It is  
important to read this manual carefully prior to use.

**It is especially important to read the safety requirements  
and follow these.**

Aidacare continuously improves products and reserves  
the right to change the specifications and functions of  
products without notice.

If you have any queries please contact your dealer  
or Aidacare directly.



This product Features the UKCA mark, in compliance with Part II UK MDR 2002  
(as amended) Class 1.

© Aidacare Limited 2023

No part of this user manual may be copied, distributed, reproduced, scanned or stored on any electronic  
database, whether in whole or in part in any form or by any means.

Due care has been taken to ensure all the information contained in this user manual is correct at the time  
of printing. All measurements, pictures, colours and weight capacities are to be used as a guide only. We  
reserve the right to modify the design or appearance of any product displayed in this user manual without  
prior notice.

## TABLE OF CONTENTS

---

1. Intended Use	4
2. Product Description	4
3. Symbols Used on the Product	4
4. Warnings	5
5. Product Specifications	6
6. List of Components	7
7. Instructions for Use	8
• Initial Check	
• Opening the Walker	
• Folding the Walker	
• Adjusting the Height of the Handles	
• Using the Handbrakes	
• Locking/Unlocking the Handbrakes	
• Sitting on the Walker	
• Correct Seating Guide	
8. Care, Maintenance & Customisation	12
• Cleaning Instructions	
• Wheels	
• Maintenance	
9. Compliance	13
10. Warranty	13
11. Notes	14

# 1. INTENDED USE

Aspire Stride and Mobyflex Walkers are specifically designed for individuals who, due to a wide variety of reasons, require additional support while walking. This walker is designed for indoor and limited outdoor use. When used outdoors this walker must remain on sealed, level terrain (examples include but are not limited to shopping centres, medical centres, flat and level footpaths, and environments with accessibility-focused layouts. Any other usage outside of the intended use is not advised.

# 2. PRODUCT DESCRIPTION

The Aspire Stride and Mobyflex walkers are four-wheeled, lightweight walkers with a cross-folding frame. The product is made from aluminium, so it is light and easy to store or transport. These walkers offer great maneuverability, stability, and have handles that are height adjustable to suit many user heights. They are equipped with a soft seat, supportive backrest and weatherproof shopping bag allowing the user to rest or carry small items underneath.

# 3. SYMBOLS USED ON THE PRODUCT

		European Device Solutions Ltd
# WAF750150	15 Coanwood Drive, Whitley Bay Tyne and Wear NE25 9GB info@europeandevicesolutions.co.uk	
SN		
MAX WIDTH: 600mm		For indoor and outdoor use.
AUSTRALIA   Aidacare Pty Ltd   ABN 40 134 833 Building 3A, 1 Moorebank Avenue, Moorebank NSW 2170 1300 133 120   product@aidacare.com.au		
UNITED KINGDOM   Aidacare Ltd   Registration 13785408 Arcadia House, Maritime Walk, Ocean Village, Southampton SO14 3TL 01622 541235   info@aidacare.co.uk		
MADE IN PRC It is recommended that you have this product serviced every 12 months.		

		European Device Solutions Ltd
# WAF750360	15 Coanwood Drive, Whitley Bay Tyne and Wear NE25 9GB info@europeandevicesolutions.co.uk	
SN		
MAX WIDTH: 630mm		For indoor and outdoor use.
AUSTRALIA   Aidacare Pty Ltd   ABN 40 134 833 Building 3A, 1 Moorebank Avenue, Moorebank NSW 2170 1300 133 120   product@aidacare.com.au		
UNITED KINGDOM   Aidacare Ltd   Registration 13785408 Arcadia House, Maritime Walk, Ocean Village, Southampton SO14 3TL 01622 541235   info@aidacare.co.uk		
MADE IN PRC It is recommended that you have this product serviced every 12 months.		

Please note: Stickers are not shown to scale.

Product Code

Serial Number

Manufacturer

Importer

Country of Manufacture

UKCA Mark

Safe Working Load

Read User Manual

Caution

Medical Device

Authorised Representative in UK

# 4. WARNINGS



WARNING

**WARNING!** This User Manual must be read before using the walker. The manufacturer does not take any responsibility for damage and/or injuries caused by the fact that the User Manual has not been followed.



WARNING

**WARNING!** The walker must not be used by users with serious difficulty balancing or whose muscle strength is too low to stand and walk, even with the extra support of a walker.



WARNING

**WARNING!** The decision to use a walker should always be guided by a qualified Health Care Professional, who can also advise and assist with the correct height adjustment and usage instruction.

# LIMITATIONS FOR USE

## SAFE WORKING LOADS (SWL)



MOBYFLEX



STRIDE

- DO NOT exceed the safe working load on any of the Aspire Walkers
- This walker is designed for use on flat-level surfaces. If encountering sloped or uneven terrain an alternative route should be sought.
- The walker is not intended to be self-propelled while seated.
- Ensure the walker is opened fully before use.
- The brakes MUST be in the locked position BEFORE sitting on the seat.
- Use the walker only for the purpose it is intended for.
- Use the walker only in good technical condition.
- DO NOT modify the walker.
- DO NOT attempt to replace the wheels or Castors of your seat walker. If they are faulty or require replacement, please contact an authorised repairer
- DO NOT stand on the walker.
- DO NOT use in place of a wheelchair or patient transport device.
- All wheels MUST be in contact with the ground at ALL TIMES during use.



**NOTE:** Fingers or other body parts can be trapped between the walker's parts during folding, unfolding or adjusting of the walker. Be extremely careful when adjusting the walker. Observe the dimensions of gaps between the walker's elements to avoid trapping your fingers or other body parts.

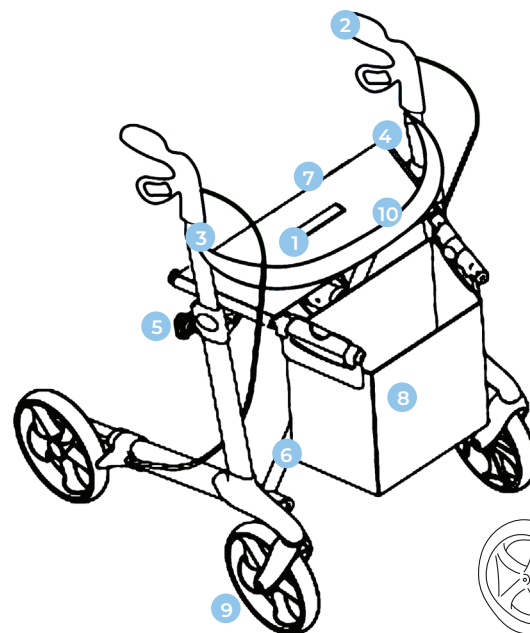
## 5. PRODUCT SPECIFICATIONS

Model	Overall Height mm/inch	Overall Length mm/inch	Overall Width mm/inch	Seat Width mm/inch	Seat Height mm/inch	Wheel size inch	Product Weight kg/lb
<b>Stride Walker</b>	790 - 980 / 31 - 39	830 / 33	600 / 24	480 / 19	520 / 20	Front - 10" Rear - 8"	9 / 19.8
<b>Mobyflex Walker</b>	780 - 900 / 30 - 35	690 / 27	640 / 25	460 / 18	530 / 21	Front - 10" Rear - 8"	7.6 / 16.8

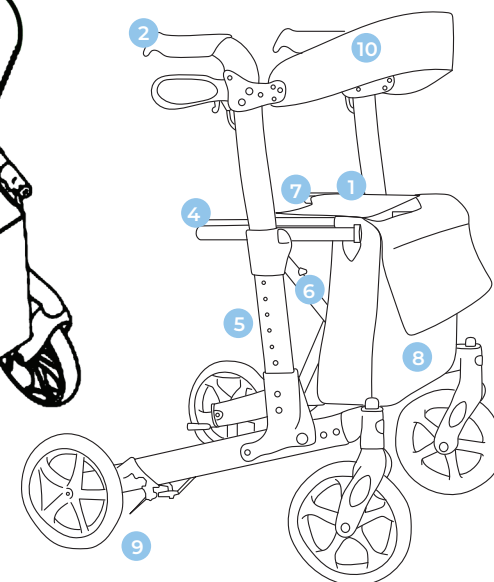
## 6. LIST OF COMPONENTS

Aspire Walkers are supplied in boxes and come folded, for easier transportation. The contents include one complete folded Aspire Walker and one User Manual.

### STRIDE WALKER



### MOBYFLEX WALKER



1	Lock release pulling cord (pull to fold)	6	Folding cross bar
2	Push handle and soft touch brake lever	7	Soft seat
3	Height adjustable profile	8	Weatherproof shopping bag.
4	Seat tube (push here to open and lock seat)	9	Ultra soft-ride wheels for all terrain.
5	Height adjustment locking mechanism	10	Padded and supportive backrest.

## 7. INSTRUCTIONS FOR USE

### ASSEMBLY OF BACKREST ONTO UNIT (STRIDE WALKER ONLY)

Open up the plastic clamps just enough to get them around the upright frame and clamp them on each side. Ensure that the backrest is the right way up.

Screw in the handbolts from the inside making sure they are properly secured and that you cannot shift the backrest anymore.



Screw handbolt on inside



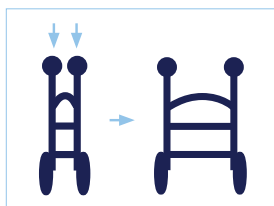
DO NOT screw handbolt on outside

### INITIAL CHECK

In the first instance remove the walker from the box and check the contents to ensure nothing is missing. If you discover any component is missing or damaged do not continue to assemble the product. Contact Aidacare immediately.

### OPENING THE WALKER

Simultaneously push both side tubes down until you hear an audible “click” of the locking mechanism locking in place on the frame. If the frame is open and secured correctly, you should not be able to fold the frame back up by pulling on the side tubes.



### FOLDING THE WALKER

- Pull upwards on the lock release pulling cord - as shown in the list of components number 1
- Push seat tubes together until the tubes are touching each other.



### Storage instruction for Mobyflex walker

Mobyflex walker vertical column can be folded downward for easy storage. To fold down the walker, Release the locking clip at the base, and push the vertical upright backward.



WARNING

**WARNING!** After unfolding or assembling the walker always ensure that the seat is securely locked and the frame does not move anymore.

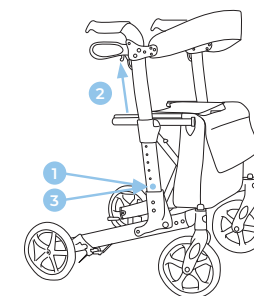


WARNING

**WARNING!** Failure to follow these warnings can result in personal injury. Ensure that the seat is securely locked and the frame does not move anymore.

### ADJUSTING THE HEIGHT OF THE HANDLES

1. Press the handle height adjustment locking mechanism;
2. Make adjustments to your desired height;
3. Release the locking mechanism.



WARNING

**WARNING!** Both handles should be adjusted to the same height/length.



WARNING

**WARNING!** Seek advice from a qualified health professional for the appropriate height/length level to suit your needs.

## USING THE HAND BRAKES

- To stop the walker, activate the brakes by pulling the brake handles towards the hand grips.
- To start moving again, release the brake handles. They will drop down automatically and the brakes will be released.



**WARNING!** You should always engage the brakes when you don't want the walker to move.



**WARNING!** NEVER leave the walker without the brakes engaged when there is someone sitting in it.



**WARNING!** NEVER leave the walker on a slope without the brakes engaged.



**WARNING!** The rollator must not be driven or pushed with force when the parking brakes are on or when the wheels are partly locked using the brakes. This indicates incorrect use and can cause wear and tear, impairing tyres, and brake quality.

## LOCKING/UNLOCKING THE HAND BRAKES

- To lock the brakes push the brake handles down until you hear an audible “click”.
- To unlock the brakes pull the brake handles up until you feel them loosen.



**WARNING!** When using the walker in a stationary position, the hand brakes MUST always be locked.

## SITTING ON THE WALKER

- Ensure the hand brakes have been activated.
- While holding onto the handles turn with your back facing the seat and pull the walker towards you until it can be felt against the backs of your legs.
- Slowly and carefully lower yourself onto the seat.



**WARNING!** The Backrest is intended to provide back support while seated. The backrest is NOT intended to support full body weight. Refer to correct seating guide on the next page.



**WARNING!** ALWAYS sit centrally on the walker, avoid leaning heavily in any direction as this may cause the walker to become unstable.



**WARNING!** You should NOT sit (partly) above the shopping bag.



**WARNING!** ALWAYS sit up right on the walker while resting your forearms or hands on the push handles.



**WARNING!** NEVER propel yourself with your feet using the walker as a transportation device – it is NOT designed for this purpose.



**WARNING!** NEVER allow another person to push you along while seated on the walker – it is NOT designed as a transportation device and is NOT a substitute for a wheelchair.

## 8. CARE, MAINTENANCE & CUSTOMISATION

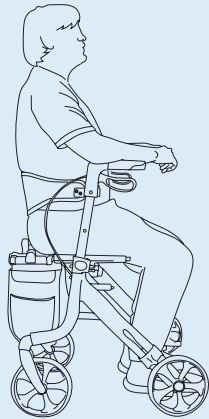
### CORRECT SEATING GUIDE



WARNING

**WARNING!** The Backrest is intended to provide back support while seated.

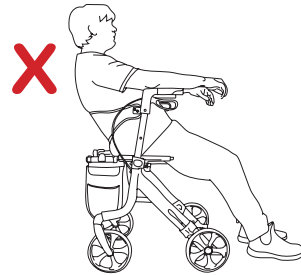
The Backrest is NOT intended to support full body weight.



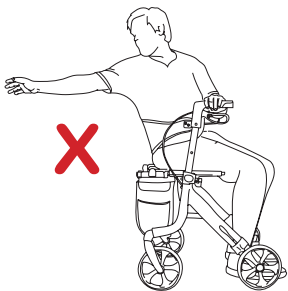
**DO NOT** sit on backrest.



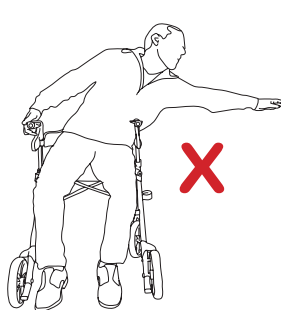
**DO NOT** reach into bag while seated.



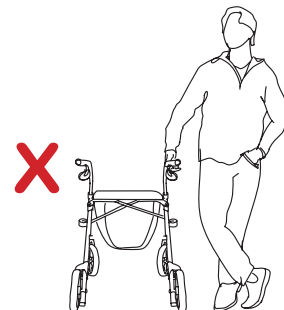
**DO NOT** slouch on backrest.



**DO NOT** reach behind while seated.



**DO NOT** lean while seated.



**DO NOT** lean on one side of the walker as a support aid.

### CLEANING INSTRUCTIONS:

- Clean the walker regularly with a damp cloth.
- Use a mild washing agent and warm water for excess dirt build up.
- **DO NOT** use harsh abrasives or bleach based agents which may cause damage or discolouration.
- Dry with a soft cloth.

### WHEELS:

- Clean wheels with a mild washing agent and warm water. Remove hair and other dirt from axles.
- Lubricate with multi-purpose oil periodically or if wheels begin to squeak.

### MAINTENANCE:

- Ensure that every part of the walker is secure at ALL times.
- Check all screws for tightness. If not, tighten if necessary.
- Replace any broken, damaged or worn items immediately.

## Maintenance Schedule

<b>Weekly</b>	<ul style="list-style-type: none"><li>· Check brake function</li><li>· Check all wheels are secure</li><li>· Check all fastenings such as nuts, bolts and hinges are fastened correctly and functioning normally</li></ul>
<b>Periodically</b>	<ul style="list-style-type: none"><li>· Check handgrips for wear</li><li>· Check frame bolts are secure</li><li>· Check folding hinge bolts are secure</li><li>· Check front and rear axle bolts are secure</li><li>· Check for wear or cracks</li><li>· Check wheels for splitting or damage</li><li>· Check seat upholstery for wear and seat base for cracks and that it is secured to frame</li></ul>
<b>Yearly</b>	<ul style="list-style-type: none"><li>· Take your walker to an authorised repairer for a full check, clean, service and lubrication of all moving parts</li></ul>
<b>Serviceable Components</b>	<ul style="list-style-type: none"><li>· Wheels</li><li>· Bag</li><li>· Hand grips</li><li>· Forearm Supports</li><li>· Brake Cables</li><li>· Seat</li><li>· Brake Handles</li><li>· Bearings</li><li>· Nuts and Bolts</li></ul>

## CUSTOMISATION

All walker customisation, modification and or alterations made to this product are considered as "custom" changes. They may cause the product to no longer meet safety standards and should be considered prior to commencement.

Any custom modification of the walker is not warranted by Aidacare and will void the warranty.

## 9. COMPLIANCE

Aidacare walkers are manufactured and independently tested to the market-relevant compliance standards.

Walker on the wheelchair address compliance requirements and users should familiarise themselves with these certificates.

## 10. WARRANTY

If you have any questions, you can contact:



### Manufacturer:

**Aidacare Pty Ltd**

ABN 40 134 833

Building 3A, 1 Moorebank Avenue, Moorebank NSW 2170  
Australia

1300 133 120 | [product@aidacare.com.au](mailto:product@aidacare.com.au)



### UK Representative:

**European Device Solutions Ltd**

15 Coanwood Drive, Whitley Bay Tyne and Wear NE25 9GB

[info@europeandevicesolutions.co.uk](mailto:info@europeandevicesolutions.co.uk)



### Importer:

**Aidacare Ltd**

Registration 13785408

Arcadia House, Maritime Walk, Ocean Village, Southampton  
SO14 3TL United Kingdom

01622 541235 | [info@aidacare.co.uk](mailto:info@aidacare.co.uk)



**AIDACARE PTY LTD**

Building 3A, 1 Moorebank Avenue,  
Moorebank NSW 2170 Australia

**1300 133 120** | [aspirecare.com.au](http://aspirecare.com.au)

**AIDACARE LIMITED**

Arcadia House, Maritime Walk,  
Ocean Village, Southampton SO14 3TL  
United Kingdom

**01622 541235** | [aidacare.co.uk](http://aidacare.co.uk)

MADE IN PRC