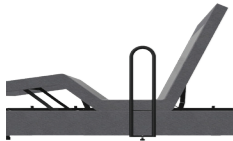


## BEDROOM & SEATING



### Aspire ComfiMotion Activ Care Bed

Various sizes available



### Aspire ComfiMotion Crook Handle Bed Rail

BEA830200



### Wonder Sheet - Fitted

Various sizes available



### Aspire Waterfall Day Chair

Various sizes and fabric options. Seat can be replaced with a pressure cushion  
SWL 200kg



### Aspire Raphael Quattro Lift Recline Chair

Various sizes and fabric options  
SWL 130kg – 180kg



### Assist-A-Tray Over bed / Chair Table

BEA821820  
SWL 113kg (Handle)  
SWL 13.5kg (Tray)

## RENT IT TODAY

Did you know that Aidacare offers a comprehensive range of equipment for rent? We've got you covered should you need any products for home care and recovery!

Scan the QR code or visit  
[aidacare.com.au/products/hire](http://aidacare.com.au/products/hire)  
for more details.



## MAKE IT YOURS

Alternatively, you can purchase the items you're after and make them yours today. See our website for more information or speak to your local showroom staff for assistance.

For a **list of all our branches** scan the QR code or use the find a store function on our website.



## PRINT AND DIGITAL RESOURCES

Check out our resources at [aidacare.com.au](http://aidacare.com.au) or scan in the QR code below.



[aidacare.com.au](http://aidacare.com.au)



## NATIONAL COVERAGE

Located across all states of Australia, Aidacare have showrooms in capital city and regional locations. We also have network partners covering other areas, so our products are easily accessible.

Visit our showrooms and our expert, friendly staff are there to assist with all your needs. To find your nearest showroom go to [aidacare.com.au](http://aidacare.com.au) or call **1300 133 120**.

## 'Solutions for Living' Collection

You may also be interested in Aidacare's other 'Solutions for Living' Guides giving product range information for the following areas:

- Arthritis
- Back Conditions
- Bariatric Care
- Carer's Needs
- Dementia
- Effects Of Stroke
- Energy Conservation
- Falls Risks
- Hip And Knee Care
- Mobility And Access
- Neuro Conditions
- Paediatric Care
- Positioning Needs
- Pressure Care
- Therapy And Exercise
- Travel



## SUPPORTING BACK CARE

SOLUTIONS FOR LIVING



4BR133-8 177024



1300 133 120 | [aidacare.com.au](http://aidacare.com.au)



## LIVING WITH BACK CARE

Back pain is a common problem reported by 1 in 6 Australians and experienced in some degree by most people in their life. It can be acute pain following an injury or chronic pain related to injury or a health condition such as arthritis, osteoporosis or spinal stenosis (narrowing of the spaces in your spine).

Back pain can impact your activities of daily living by making it difficult to sit or stand from low heights, walk long distances, bend, reach, carry or be comfortable in your bed or chair.

It is important to work with your doctors and therapists to manage ongoing pain and wellbeing. Aidacare provide a range of products that can assist you to maintain your independence, comfort and dignity.

**SWL – Safe Working Load** is the manufacturer's recommended maximum weight load for a product. Allowance should also be made for fluctuations in body weight and additional items that may be carried by the equipment user, such as equipment accessories or bags.

## NOT QUITE SURE?

Do you need help with product selection and sizes? Please contact Aidacare on 1300 133 120. For Therapist Solutions please enquire about how else we can help you.

For a full range of assistive equipment that may help a person needing back care, please scan the QR code.



## BATHROOM



**Aspire Shower Stool with Arms - Padded Seat and Back**  
BTS119025 - Treated Steel  
SWL 175kg



**Hand Held Shower on Rail**  
BTS107500



**Grab Rail Anti Slip**  
Various sizes and colours available



**Rubber Shower Mat**  
30x530mm  
BTS109600 – White



**Conni Floor Mat**  
Absorbent & Waterproof  
Various sizes and colours available



**Aspire Over Toilet Aid**  
BTT145005 - Aluminium  
BTT145000 - Treated Steel  
SWL 175kg

## DAILY LIVING AIDS



**Dressing Stick**  
DLD269310



**Terry Cloth Sock Aid**  
DLD269090



**Aspire Pick Up Reacher**  
Various lengths available



**Aspire Shoe Horn**  
DLD269160



**Aspire Kitchen/Perching Stool**  
CHP213500 - Champagne  
SWL 175kg



**Dust Pan & Broom - Long Handled**  
DLG271500

## MOBILITY



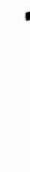
**Aspire Vogue Forearm Walker**  
WAF705400  
SWL 150kg



**Aspire Assist Bar**  
DLG271660



**Aspire Swivel Cushion**  
TSE673056



**T-Handle Walking Sticks**  
WAS743600  
SWL 100kg  
Various options available



**Aspire Vogue Carbon Fibre Seat Walker**  
WAF705350 - Medium  
WAF705360 - Tall  
SWL 150kg



**Pride Pathrider 140XL Scooter**  
Various colours available  
SWL 181kg